

A KEYNOTE EXPERIENCE WITH SHANE JACKSON

# PURPOSE

## Discover Your Mantra

Pursuing a life of purpose begins with understanding what matters most – and using that clarity to align time and energy with what brings fulfillment and joy. In this customizable workshop, Shane Jackson draws from his bestselling book, *This Is the Thing: About Life, Joy, and Owning Your Purpose*, to lead participants through a reflective journey of self-discovery, equipping them to live and lead with greater intention.

### Participants will learn:

- How to reflect on meaningful life experiences to uncover core values, personal strengths, and patterns that shape decisions and sense of purpose
- The power of living authentically by aligning daily choices with a deeper sense of meaning
- Ways to develop a personal mantra to serve as a compass for making intentional choices in every area of life
- Strategies for staying accountable to the values and goals that define their purpose

### SESSION OVERVIEW:

#### **Live with Purpose: Discovering the Values that Shape Your Life** (90 minutes)

This workshop equips participants with practical tools to create the life they truly desire by aligning their actions with a clear sense of purpose. Through guided exercises, attendees will reflect on meaningful experiences, uncover personal values, and craft a purpose statement that serves as a foundation for intentional living. With this deeper clarity, they'll be empowered to make decisions aligned with their values and contribute in ways that are both personally fulfilling and professionally impactful.

For more information and scheduling inquiries, reach out to

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*Ask how this session can be tailored to your audience, event and desired outcomes.*